
Taking Students as the Foundation, Reducing Burden and Improving Quality -- On the Effect of “Musicology” in Music Teaching in Colleges and Universities

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Abstract: In the present stage of college music teaching practice, the important ideas of music have been fully integrated into the process of music class. Music teachers should be able to create a happy and harmonious music class atmosphere in an all-round way to ensure the combination of diversified means to stimulate students' enthusiasm for participating in music class. At present, under the influence of the in-depth promotion of music curriculum reform measures, music teaching in colleges and universities should be able to achieve the overall implementation goal of taking students as the center, reducing the burden and improving the quality, and effectively ensure the maximum implementation effect of music teaching. Therefore, this paper discusses the necessity of integrating the idea of music into music class in colleges and universities, and gives reasonable countermeasures for improving the mode of music teaching in colleges and universities.

Keywords: Based on students; Reducing load and improving quality; College music teaching; Happy

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1. Introduction

The basic implementation guidance of the music course reform in colleges and universities should be reflected in shaping the excellent music aesthetic quality of college students and significantly improving the existing humanistic moral realm of college students^[1]. In recent years, the mode and thinking of music teaching in colleges and universities have shown a trend of comprehensive change. College teachers should be able to give prominence to the student-centered teaching principle of music and ensure that students feel happy and relaxed in college music class. Therefore, it can be concluded that the concept of music in music curriculum should cover the important connotation points of reducing burden and improving quality and taking students as the foundation, and college teachers should actively adjust and change the rigid and boring atmosphere of music classroom.

The basic connotation of the concept of happy learning should be reflected in happy learning, that is, teachers and students should focus on creating a happy and relaxed

environment in class, so as to achieve the goal of helping students relieve and release the physical and mental pressure burden. At present, facing the background of the in-depth implementation of curriculum reform of various disciplines in colleges and universities, it is necessary for college teachers and administrators to integrate the philosophy of happy learning into the classroom of disciplines, effectively promoting the optimization and transformation of the classroom learning impression of college students. Therefore, the concept of music learning should include creating a relaxed and pleasant classroom atmosphere, encouraging students to explore and communicate freely on the basic content of the curriculum, and enhancing the emotional interaction between teachers and students. Specifically for the music discipline classroom in colleges and universities, the basic idea of integrating throughout music should include the following points:

(1) Take life as the foundation

The overall implementation idea of student-oriented music teaching means that teachers should place students in the key position of music teaching and ensure that

students are regarded as the main body of the comprehensive development process of music class. For the present stage of music teaching in colleges and universities, the primary goal should be to promote the improvement of students' musical aesthetic ability and humanistic comprehensive accomplishment. The comprehensive development process of music teaching should run through the student-based practical thinking, ensure the use of flexibility and diversified music teaching methods and means to stimulate students' love for music class [2]. Therefore, teachers must resolutely abandon the traditional music teaching mode of rigid indoctrination, so as to achieve the necessary adjustment of classroom mode by closely combining with the real needs of college students in music aesthetic level. Music teachers need to pay attention to students' feedback in the whole process of teaching to ensure that a happy, relaxed and harmonious music class atmosphere is created for students.

(2) Reduce the burden and improve the quality

The measures of reducing burden and improving quality are integrated into the current music teaching process in colleges and universities. The basic curriculum reform aims to reasonably reduce the burden and pressure of music course learning borne by students and promote the improvement of the quality and efficiency of music teaching process. Under the current background of fierce employment competition, college students generally need to bear high intensity of employment and entrepreneurship pressure. Music class should become an important space for college students to relax their body and mind and obtain emotional purification, and should not add additional academic pressure for students. It can be seen that music teachers need to carry out strict screening of the syllabus teaching content of music class at present, so as to prevent the excessively difficult music curriculum content from being applied to music class teaching. At the same time, teachers should actively use diversified means and ideas of music teaching, so as to effectively ensure that students can love music class from the heart, and promote the overall teaching efficiency optimization of music class by stimulating students' interest in music learning participation.

2. The Significance of Musicology Implementation in College Music Teaching

The first is to comprehensively reduce the burden of academic pressure on college students. College students in the current fierce market competition atmosphere, students of all grades must deal with the more heavy ac-

ademic burden and employment pressure. In this case, college students generally show the characteristics of heavy psychological burden. University music students should be able to become important place to relax and enhance human emotional state, the full implementation of academic thinking idea is beneficial for college students to receive a full range of physical and mental relaxation, inspire the student to obtain the sublimation of spiritual levels in the music, and then a new way of thinking to deal with their own stress [3]. It can be seen that the implementation of music teaching concept is beneficial to reduce students' academic burden, and has a significant impact on students to establish correct emotional value orientation.

The second is to cultivate students' interest in the music learning process. Whether college students have a strong interest in the process of music learning is directly related to the realization of the expected teaching effect of music. By comprehensively promoting and developing the practical work method of music learning, college students will have a heartfelt affection for music lessons, which is objectively beneficial for college students to break through the established rigid thinking of music learning. From the above perspective, the practice of music teaching purposes and objectives will change the existing impression of college students in music class, which is of great significance to stimulate the enthusiasm for the integration and participation of music class.

The third is to promote students' music practice literacy ability to improve. At present, many college students ignore the learning process of music in class and cannot actively integrate themselves into the independent communication and discussion of music class. If the core music literacy of college students is to be fully exercised and cultivated, the independent exploration of music class should not be missing. The music theory aims to advocate that college students should be placed in the dominant position of music class, and teachers should reserve the opportunity of independent exploration for college students in music class. Therefore, the in-depth promotion and development of the new music teaching model of music can help inspire students to form a better music practice literacy ability, and comprehensively promote the existing music discipline practice ability of college students.

The current implementation of music teaching in colleges and universities

In recent years, the original teaching ideas and methods of music discipline in colleges and universities have undergone significant innovative changes. Many col-

lege teachers in music class can achieve close communication with students, through the combination of dynamic music teaching platform means to activate students' thinking, to ensure that students feel happy and relaxed atmosphere of music class. However, from the perspective of the overall development process of music teaching, some music teachers do not fully implement the important practical work ideas of music, which leads to the stagnation of college students in a single rigid music learning mode^[4]. Music teachers and college students lack of benign classroom communication between teachers and students, and students can not participate in all aspects of music class independently.

At present, teachers are paying full attention to the cultivation of college students' music curriculum practice and use quality, to ensure that college students can achieve better musical aesthetic quality ability while listening to beautiful music. At present, music teachers are deepening their efforts to develop music curriculum resources comprehensively. However, there are still some music teachers and university administrators who do not pay enough attention to the development of local resources and life-oriented resources in music courses. Music teachers do not actively promote the realization of rectification and optimization for the single mode of music teaching, which will fundamentally hinder the optimization and improvement of the teaching practice effect of music class.

Under the traditional development mode of music curriculum resources in colleges and universities, most music teachers are often limited to a relatively narrow scope of music curriculum syllabus. Limited to the basic teaching content of the music course syllabus will give college students a boring and dull impression, which is not conducive to students to maintain a good degree of attention in music class. Therefore, music teachers and administrators need to focus on new and flexible development and utilization of curriculum resources. Music teachers should acquire the multi-channel music teaching resources completely and create a richer practical teaching atmosphere for music. University administrators and teachers ignore the development of interesting music curriculum practice resources, which will lead to boredom in music class, unable to activate students' thinking of music discipline practice and exploration.

Optimization and improvement of music teaching in colleges and universities

The basic meaning of "music learning" lies in happy learning, that is, to advocate students to fully integrate

into the interesting classroom environment and atmosphere, and to comprehensively promote the communication and contact between college teachers and students in music class^[5]. In order to achieve the new practical effect of music teaching, the key elements of the current music course reform should be reflected in optimizing the existing teaching methods. Music teachers should optimize and innovate the traditional teaching mode of inculcating the basic theoretical content of music courses, so as to keep the interactive participation opportunities for students, so that students can deeply experience and feel the fun contained in music lessons.

3. Innovative Use of Music Teaching Means

If the music class in colleges and universities is presented as a depressed and boring overall classroom atmosphere, students will lose their interest in exploring the music class. In the current situation, some college teachers will be used to inculcate the outline theory of music class in order to achieve the purpose of explaining the basic knowledge points of music syllabus completely. But in fact, the interactive participation in music class and the communication between teachers and students can make students feel rich and interesting, and innovate students' inner emotional experience in music class. Therefore, music teachers for the current existing rigid implementation of music teaching must be adjusted as soon as possible. Music teachers should make use of the information music classroom auxiliary tool platform correctly and flexibly carry out each classroom link of music class. Music teachers should pay close attention to the feedback of music class given by students, fully combine the existing feedback suggestions of music class to reform the music teaching plan, and achieve the maximum efficiency goal of music class implementation.

Music teachers should focus on the reasonable improvement and enrichment of the existing music curriculum material resources, so as to ensure that the humanistic emotion of college students can be comprehensively enriched, which is beneficial to students to form a lofty and good moral and emotional accomplishment. Music teachers should devote themselves to the development of interesting music curriculum resources in daily life. It is necessary for teachers to give in-depth thinking inspiration and guidance to class students, and encourage students to carry out independent research on various aspects of the basic knowledge of the course. It is necessary for teachers to inspire students with enthusiastic and encouraging communication methods, and form a

comprehensive teaching process guidance for students in combination with the progressive classroom development mode. If students have a deviant understanding of the basic knowledge content in the course, teachers should patiently correct it and encourage students to deeply explore their potential of course learning and innovation ^[6].

Core literacy of university students at present should fully cultivate the music classroom practice, the basic elements of core literacy is not confined to grasp the understanding of the existing basic content, but should cover the students now have independent thinking to explore the potential of consciousness, innovation practice, the basic content of music courses flexibly using ability, etc. Teachers should cultivate students' all-round practical ability and accomplishment and break through the single and fixed classroom development mode. Teachers should pay more attention to the comprehensive practical literacy of students and ensure the use of flexibility and diversified approaches to stimulate enthusiasm for innovation.

Encourage students to explore freely in music class

In the present stage of college music class, many college students have not really independently launched the exploration of the basic knowledge of music discipline. College students themselves have rigid and passive music learning ideas, so it will lead to students used to review the fixed music outline content for a long time, unable to carry out bold association and thinking in music class. In order to inspire college students to integrate into the happy music learning situation, as a music teacher should focus on the enthusiasm to encourage students, and gradually guide college students to independently think and explore the humanistic emotional value of music class. The teacher should divide the music study group in the present music class and inspire the college students in the music study group to carry out orderly interaction and cooperation. Teachers and students should share the results of independent exploration of music class comprehensively, which is beneficial to cultivate the strong passion of music practice exploration of college students and prevent them from being confined to a narrow perspective of music learning.

College students should be able to maintain strong interest in music appreciation and other key music curriculum content, and do actively explore and think about the profound humanistic emotion connotation of music appreciation. In order to promote college students to achieve the above goals of music learning effectiveness, it is necessary for music teachers to give students more opportunities to explore freely. Music teachers for the whole

process of music appreciation should ensure that students take the initiative to integrate into the participation, at the same time, teachers should use progressive ideas and methods to inspire students to deeply experience the content of music appreciation, encourage students to boldly express their views on music appreciation repertoire.

For example, it is necessary for music teachers to show dynamic music and dance video scenes for students in the process of appreciating minority traditional music tracks in *The Spirit of birds*. Through watching and experiencing dynamic music and dance scenes, students should be able to deeply understand the daily work and production and life situation of the local people of ethnic minorities, so as to ensure that students can quickly integrate into the vivid atmosphere of music class. On this basis, the music teacher should put forward the corresponding music classroom questions for the students, inspire the students to use the independent exploration of music learning thinking way to acquire more music classroom knowledge, develop the students strong enthusiasm for the appreciation of folk music and songs.

To create a vivid and lively music teaching situation

Fresh and vivid music class situation can make college students have a strong favorable impression, and objectively achieve the goal of stimulating college students' interest in participating in music class ^[7]. Specifically in the process of music teaching and teaching, teachers should complete the construction of three-dimensional and dynamic music classroom situation, inspire college students to closely combine the background of music creation, and deeply experience the humanistic emotional factors contained in music. In the case of integrating the artistic conception of vivid music class, college students will not feel boring and boring in the process of learning and exploring the basic knowledge of music, which is beneficial to cultivate college students' passion for music class. At present, music teachers should operate and use the intelligent auxiliary platform of music class correctly to ensure the creation of a new music class situation and make an effective breakthrough for the single rigid implementation mode of music class.

The modern technology platform of network and media can fully support the in-depth development of music class, so as to infiltrate the music course ideas and methods of music. The music teacher should use the auxiliary tools of music appreciation class correctly in order to show the dynamic and intuitive music appreciation situation to the students. In addition, music teachers are also good at combining the new classroom auxiliary methods

of Internet and media to enhance communication between teachers and students and ensure that students have a deep understanding of the background factors of music repertoire creation. It is necessary for teachers to encourage college students to independently discuss and exchange their feelings of music appreciation and create a harmonious and friendly atmosphere of interaction between teachers and students.

For example, it is necessary for music teachers to encourage college students to use their own musical practice thinking to adapt and create the music in the process of the adaptation of the classic ancient poem "Chunxiao". Music teachers should set up classroom learning tasks of music adaptation for college students in music learning groups, and require students in music learning groups to carry out close cooperation and communication. The music teacher should share the adapted music works of ancient poems provided by each group of students in the whole class so as to enhance the emotional communication between teachers and students in the music class.

Attach importance to cultivating students' good humanistic feelings

College students are in the most critical stage of forming humanistic moral emotion and music aesthetic accomplishment. Whether college students can get scientific emotional inspiration and guidance in music class is fundamentally related to the establishment of their own emotional value orientation. The key value of college music course should be reflected in shaping good music aesthetic accomplishment and inspiring students to recognize the correct emotional value orientation. Therefore, as a music teacher, we must integrate the lofty and correct humanistic moral values into music class, so as to purify the emotional and ideological realm of college students. Teachers should pay attention to the all-round cultivation of students' existing music aesthetic consciousness to ensure the shaping of students' excellent music aesthetic practice ability. Teachers should pay full attention to the implementation of music appreciation in class, combine the age characteristics of students and the inclination of interest and emotion to choose flexible music appreciation repertoire, and stimulate students' humanistic emotional resonance.

For example, for the important content of the music syllabus of Yellow River Cantata, music teachers should first use platforms such as Internet and media to give college students a deep understanding of the background of music creation^[8]. Music teachers should be able to achieve the goal of arousing students' strong humanistic

emotional resonance by showing vivid and real background films of music creation. On this premise, teachers should try to sing traditional folk music together with college students to cultivate students' lofty humanistic moral feelings. In order to ensure that college students form a good habit of thinking about music exploration learning, teachers can ask college students to collect music learning materials by means of independent collection and share them in class.

Local cultural resources constitute very valuable music teaching practice resources, music teachers should focus on the development of local music curriculum resources. In the course practice of music appreciation, music teachers should focus on the selection of traditional music with local flavor to play, and guide college students to deeply experience and understand the unique historical and humanistic connotation of the local ethnic group. Influenced by their age and psychological characteristics, students generally prefer interesting and vivid classroom situations. It is necessary for music teachers to integrate more life-oriented music teaching resources into music classes, encourage students to describe the content of music songs independently, stimulate students' interest in participating in practice, and avoid them feeling boring and depressed in music classes.

4. Conclusions

Through the analysis, it can be seen that if the music class in colleges and universities wants to reflect the expected good effect of taking students as the foundation, reducing the burden and improving the quality, the most key practice and improvement measures should be reflected in the comprehensive penetration of music thinking concept. Music class should become an important medium bridge for college students to get spiritual and emotional sublimation, and should not add heavy academic burden to college students. Under this premise, teachers should focus on flexible adjustment of the current idea of single music teaching, and ensure that the idea of music is permeated into every step of music class.

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